

# The Penn Sleep Centers

## Replacing CPAP Supplies

CPAP masks, tubing and filters can lose their shape or develop holes or cracks over time. Therefore, it is important to replace your CPAP supplies on a regular basis.

Most insurance companies will pay for replacement supplies. How often you can receive new supplies depends upon your insurance plan. Call your home care company to find out when you are due for new supplies.

To order new supplies, call your home care company. Most home care companies will send your supplies in the mail. It usually takes about 7-10 business days to get your supplies once you have placed your order.

### **In general, supplies can be replaced:**

**Masks:** Full face mask with headgear: every 6 months  
Nasal mask with headgear: every 6 months  
Nasal pillow mask with headgear: every 6 months  
Full face mask cushions: 1 per month  
Nasal mask cushions: 2 per month  
Nasal pillows (inserts): 2 per month

**Tubing:** 1 every 3 months

**Filters:** Reusable (black foam): 1 every 6 months  
Ultra fine disposable (white fiber with tab, sits behind black filter): 2 per month  
Non-disposable (white): 1 every 6 months

**Humidifier:** Water chamber: 1 every 6 months

Please note: the above information is based upon 2009 Medicare guidelines and may vary by insurance carrier.